

TUSD Food Services: Smart Snacks Approved for Classrooms	Product Code	Brand / Manufacturer
Gatorade G2: Low Calorie (30 calories) Glacier Freeze High School Grades Only	052000 120073	Gatorade (Pepsico)
Gatorade G2: Low Calorie (30 calories) Mixed Berry High School Grades Only	052000 122022	Gatorade (Pepsico)
Gatorade G2: Low Calorie (30 calories) Fruit Punch High School Grades Only	052000 132977	Gatorade (Pepsico)
JB's Iced Tea: Lemon, 60 Calorie, 12 fl-oz High School Grades Only	46767 0021	Juice Bowl
Switch: Tropical Pineapple Sparkling 100% Juice 8 fl-oz	8 31012 003235	Switch (Apple & Eve)
Switch: Orange Tangerine Sparkling 100% Juice 8 fl-oz	8 31012 003143	Switch (Apple & Eve)
Switch: Fruit Punch Sparkling 100% Juice 8 fl-oz	8 31012 003150	Switch (Apple & Eve)
Epic: Lemon Lime "Green" Sparkling 100% Fruit Juice 8 fl-oz	898341 001288	Epic
Epic: Strawberry Lemon "Red" Sparkling 100% Fruit Juice 8 fl-oz	898341 001295	Epic
Epic: Blue Raspberry "Blue" Sparkling 100% fruit Juice 8 fl-oz	898341 048054	Epic
Tree Top: 100 % Apple juice 10 fl-oz, 100% Vineyard Grape Juice (Middle-High)		Tree Top
Water Bottled (no portion limit on plain water or plain carbonated water)		
Juice, 100% Fruit or Vegetable: Maximum 8 fl-oz Grades K-5, Maximum 12 fl-oz grades Middle & High		
Cosmic Smoothie: Strawberry Banana Solstice 8 fl-oz	2084	Envy
Cosmic Smoothie: Galactic Berry 8 fl-oz	2091	Envy
Cheetos Mellow Puffs Reduced fat / Whole Grain Rich 0.7 oz	028400-19047-3 (21910)	Cheetos (Pepsico/Frito Lay)
Cheetos Puffs: Flamin Hot Reduced Fat / Whole Grain Rich 0.7 oz	028400-19048-0 (21912)	Cheetos (Pepsico/Frito Lay)
Doritos: Cool Ranch Reduced Fat / Whole Grain Rich 1 oz	028400-05297-9 (36096)	Doritos (Pepsico/Frito Lay)
Doritos: Flamas Reduced Fat / Whole Grain Rich 1 oz	028400-62046-8 (62829)	Doritos (Pepsico/Frito Lay)
Doritos: Nacho Cheese Reduced Fat / Whole Grain Rich 1 oz	028400-04243-7 (31748)	Doritos (Pepsico/Frito Lay)
Kettle Chips: Jalapeno Cheddar (Lay's 40% Less Fat) 1.375 oz	2-28400-24306-3	Lays (Pepsico/Frito Lay)
Kettle Chips: Sea Salt and Vinegar (Lay's 40% Less fat) 1.375 oz	0-28400-24324-7	Lays (Pepsico/Frito Lay)
Kettle Chips: BBQ (applewood) (Lay's 40% Less Fat) 1.375 oz	2-28400-06902-1	Lays (Pepsico/Frito Lay)
Tostitos Oven Baked Scoops Tortilla Chips 0.875 oz with whole grain corn	0-28400-06997-7 (42537)	Tostitos (Pepsico/Frito Lay)
Vic's Kettle Corn (popcorn) 1 oz	0-46555 25076-7	Vic's (Shearer Manufacturing)
Rold Gold Heartzels Original Pretzels Whole Grain Rich 0.7 oz	0-28400-14962 (15940)	Rold Gold (Pepsico/Frito Lay)
Goldfish Pretzels, whole grain rich 0.75 oz	14396	Pepperidge Farms / Campbell's
Cheetos Trax Cheddar Cheese Whole Grain Crackers, 0.87 oz	0-28400-12597-0	Cheetos (Pepsico/Frito Lay)
Simply Chex - Cheddar Snacks, whole grain Rich, 0.92 oz	16000-31932	Chex (General Mills)
Simply Chex- Strawberry Yogurt Snack whole grain Rich , 1.03 oz	163000-31937	Chex (General Mills)
Whole Grain Cheez-It Crackers 0.75 oz	0-24100 79482	Cheez-Its (Kellogg's)
Nabisco Grahams - whole grain rich 0.5 oz Package	100193 20013673	Nabisco (Mondelez)
Honey Maid Nabisco Grahams - whole grain 0.5 oz package	100193 20013680	
Jack Link Beef Jerky: Original "Smart Snack" label (24 gram package)	17082 87651	Jack Links
Jack Link Beef Jerky: Peppered "Smart Snack" label (24 gram package)	17082 87650	Jack Links
Jack Link Beef Jerky: Teriyaki "Smart Snack" label (24 gram package)	17082 87649	Jack Links
Cheese Sticks, String Cheese, Reduced Fat / Part - Skim, ≤ 200 calories, ≤ 200 Mg Sodium		
Yogurt ≤ 200 calories, ≤ 200 Mg Sodium, < 35% by weight of sugar		
Honey Roasted Sunflower Seeds, 1.2 oz, (200 calories, 65 mg sodium / pkg)		Zee Zee's (National Food Group)
Betty Crocker Choc. Chip Oatmeal Bar 1.24 oz	0-16000 45977-9	General Mills
Cinnamon Toast Crunch Bar 1.42 oz	0-16000 45576-4	General Mills
Granola Bars: Nature Valley Chewy: Variety Pack 0.89 oz Oatmeal Raisin & Chocolate Chunk (2 flavors in 1 case) (General Mills)	0-16000 11591-0	Nature Valley (General Mills)
Granola Bar: Quaker Chewy Cookies N Cream Bar 1.37 oz	0-30000-56586-5 (56586)	Quaker (Pepsico)
Nutri-Grain Bar: Apple Cinnamon 1.55 oz	38000 59782 (59779)	Kellogg's
Nutri-Grain Bar: Blueberry 1.55 oz	38000 91473 (90819)	Kellogg's
Nutri-Grain Bar: Strawberry 1.55 oz	38000 59774 (59772)	Kellogg's
Zee Zee Nutrition Bar - Baked Cinnamon Crisp, 1.3 oz	8-54114 00752-0	Zee Zee's (National Food Group)
Whole Grain Blueberry Muffin, 2 oz, Otis Spunkmeyer Delicious Essentials	10143	Otis Spunkmeyer (ARYZTA)
Whole Grain Banana Muffin, 2 oz, Otis Spunkmeyer Delicious Essentials	10144	Otis Spunkmeyer (ARYZTA)
Churro Raspberry Filled, whole grain rich, 1.9 oz	41112	Tio Pepe (J & J Snack Foods)
Grandma's Mini Chocolate Chip Cookies, whole grain rich 1.22 oz	0-28400-65034-2 (66154)	Grandma's (Pepsico)
Triple Chocolate Filled Cookie with Fudge Filling 48 grams (1.67 oz)	0-49800 03593-5	Rich's Foodservice
Whole Grain Chocolate Chip Cookie 1.85 oz	79185	Linda's (Buena Vista Foods)
Whole Grain Fudge Brownie, 2 oz.	8220	Linda's (Buena Vista Foods)
Rice Krispie Treat made with Whole Grains	38000 11054	Kellogg's
Chocolatey Chip Rice Krispie Treat made with Whole Grains	38000 14569	Kellogg's
Whole Grain Pop-tart, Strawberry, 1.76 oz (1 toaster pastry / single pack)	68000 55130	Kellogg's
Welch's Berries n Cherries Fruit Snack, 1.55 oz	0-34856-01592-5	Welch's (Promotion in Motion)
Welch's Mixed Fruit Snack , 1.55 oz	0-34856-01598-7	Welch's (Promotion in Motion)
Frozen 100% Fruit Juice Cup: Mango Strawberry Pom 4.4 fl-oz	23060030	Whole Fruit (J & J Snack Foods)
Frozen 100% Fruit Juice Cup: Strawberry Lemonade " Shape Ups" 4.4 fl-oz	23060025	Whole Fruit (J & J Snack Foods)
Frozen 100% Fruit Juice Cup: Orange-Pineapple-Cherry Swirl 4.4 fl-oz	23060020	Whole Fruit / J & J Snack Foods

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Milk - Unflavored Low Fat (1%), Unflavored Fat Free (Skim) or Fat Free Flavored, maximum 8 fluid ounces Grades K-5 and maximum 12 fluid ounces Middle & High		

Gatorade and Iced Tea **may not be offered** to grades K-5 and 6-7-8th due to smart snack guidelines.

High School Grade Students may also be offered up to 20 fluid-ounce portions of Calorie Free, Flavored water (with or without carbonation), other flavored and/or carbonated beverages that are labeled to contain less than 5 calories per every 8 fluid-ounces or less than 10 calories per 20 fluid ounces; and no more than 12 ounce portions of beverages with ≤ 40 calories per 8 fluid ounces or ≤ 60 calories per 12 fluid ounces

Artisan Line Goods, baked by TUSD Food Services Catering staff are also available, as are assorted Smart Snack Compliant Ice Cream desserts.

Contact TUSD Catering for more information and availability.

520-225-4747

catering@tusd1.org

Alliance for a Healthier Generation

Nutrition and health information for children, lists of "Smart Snacks" including an on-line calculator as well as tips for healthy fundraising

<https://foodplanner.healthiergeneration.org/>

<https://foodplanner.healthiergeneration.org/> for specific list of manufacturers' smart snacks.